

TALKS

Self Esteem and Social Media: Tying in with themes from Kathryn's book *Beauty Sleep*, this talk takes a humorous look at beauty standards through the ages and how that affects our minds and bodies. Can be combined with a Q & A and reading for longer sessions. *Minimum time 25-30 minutes; Unlimited numbers permitted. For years 7 and up.*

Resilience and Reading: It took Kathryn more than 15 years to get published so she knows a thing or two about picking herself up and trying again. She's also trained hard to earn a place in the British veteran fencing squad and built a multi million pound farming business from a caravan in a field. Can be combined with a Q & A and reading for longer sessions. *Minimum time 25-30 minutes; Unlimited numbers permitted. For years 7 and up.*

Let's Write a Book: A fun workshop-style event for a larger group. Features puppet Mouse, from Kathryn's newest children's book, *Dylan and Mouse*. Includes reading and Q & A. *40-60 minutes, unlimited numbers permitted, for years 3 to 6.*

Workshops

Workshops can be tailored to your timetable but usually fit within the time frame of 50 – 70 minutes. A workshop is limited to a maximum of 30 students.

- **Ideas, Character & Setting:** Hands-on practical session looking in detail at how to understand and craft believable characters and how setting is used to enhance story. *50 -70 minutes Can be adapted to work with year 5 to adult.*
- **Ideas, Plot & Structure:** Hands-on practical session, looking at generating ideas, different types of plot and how to use structure for impact in your story. *50 -70 minutes Can be adapted to work with year 5 to adult.*
- **Let's make a story:** Centred around Mouse (puppet) , this session is very playful with the aim of getting to grips with making fun characters and the basics of story. *40-60 minutes. Designed for years 3-5*

Magic Spark to Manuscript

Delivered over a whole day to a single class of up to 30 students, this workshop covers all the basic elements of writing a book from ideas, to plot, character, setting and structure. It's fun but intensive, a hands on practical day that will leave students inspired and informed.